



WESTSHORE MINIS RUGBY

U06 - U10 - NON CONTACT
U12 - INTRO TO CONTACT



Why play rugby?

Rugby is the ultimate team adventure! If you have energy to burn and love to run, pass, or kick, this sport is your perfect match. You'll learn sportsmanship, boost your confidence, and have an incredible amount of fun every time you hit the field!



Have fun while competing!

We train at our home club right here in the Westshore. We hold regular games and jamborees against other local and Island teams, and we volunteer in the community. Come be a part of our rugby family! Our players enjoy every moment—on the field and beyond!



**CONTACT US
FOR MORE INFO
REGISTRATION**

westshorerugbyclub@gmail.com
www.westshorerfc.com
rugbycanada.sportlomo.com/